

The 87th All Japan Speed Skating Championships

Day 3

as of Dec.27, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		8:10	8:50
Ice preparation						15'00	8:50	9:05
Ice training				1 x 40'00	40'00		9:05	9:45
Ice preparation						15'00	9:45	10:00
Warm-up (for Day 3)				1 x 40'00	40'00		10:00	10:40
Ice preparation						20'00	10:40	11:00
Ladies	SP	500m	34	17 p x 02'10	37'00		11:00	11:37
<i>Change system</i>						02'00	11:37	11:39
Ladies	Sr.	500m	2	1 p x 02'10	02'00		11:39	11:41
Ice preparation (race lanes)						12'00	11:41	11:53
Men	SP	500m	35	18 p x 02'10	39'00		11:53	12:32
Ice preparation						18'00	12:32	12:50
Ladies	SP	1000m	34	9 p x 02'30	23'00		12:50	13:13
Ice preparation (race lanes)						12'00	13:13	13:25
Ladies	SP	1000m		8 p x 02'30	20'00		13:25	13:45
<i>Change system</i>						02'00	13:45	13:47
Ladies	Sr.	1000m	2	1 p x 02'30	03'00		13:47	13:50
Ice preparation		(Flower giving - SP Ladies)				18'00	13:50	14:08
Men	SP	1000m	35	9 p x 02'20	21'00		14:08	14:29
Ice preparation (race lanes)						12'00	14:29	14:41
Men	SP	1000m		9 p x 02'20	21'00		14:41	15:02
<i>Change system</i>						02'00	15:02	15:04
Men	Sr.	1000m	2	1 p x 02'20	02'00		15:04	15:06
		(Flower giving - SP Men)				08'00	15:06	15:14
Ice training				1 x 30'00	30'00		15:14	15:44

Signature Referee Ladies:

Signature Referee Men: